



## **BREAKFAST**

*served on a roll. Also available: bagel, croissant, wrap, biscuit, sourdough, 7-grain, English muffin (extra \$)*

<b>EGG/CHEESE</b>	<b>\$6.00</b>
+ Bacon (1.00) + Turkey (1.25) + Sausage (1.25) + Ham (1.25) + Pork (1.25)	
<b>BREAKFAST SCRAMBLER</b>	<b>\$9.75</b>
scrambled egg sandwich with spinach, feta and sundried tomato on an English muffin	
<b>BREAKFAST BURRITO</b>	<b>\$9.75</b>
fried egg, Swiss, bacon, banana peppers and pico in a wrap	
<b>BREAKFAST POWERHOUSE</b>	<b>\$9.75</b>
egg sandwich with avocado, black beans, feta cheese and kale on wheat toast	
<b>HEALTHY WRAP</b>	<b>\$9.75</b>
egg whites, turkey, swiss, avocado, wheat wrap (add hot sauce!)	
<b>BAGEL LOX</b>	<b>\$10.75</b>
bagel with salmon, cream cheese, capers, red onion	

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## **TOASTS**

<b>AVOCADO TOAST</b>	<b>\$9</b>
Sourdough, smashed avocado, tomato, red pepper chili flakes (add sunny side egg!)	
<b>CALIFORNIA</b>	<b>\$10.25</b>
Sourdough, tuna, smashed avocado, cheddar, banana peppers	
<b>NUTELLA TOAST</b>	<b>\$6.75</b>
Sourdough toasted and spread with Nutella. Add a banana \$1	

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## **LUNCH**

*bread options: Portuguese roll, white wrap, wheat wrap, sourdough, multigrain. Gluten Free wrap*

<b>AMERICAN WRAP</b>	<b>\$10.25</b>
turkey, ham, swiss, lettuce, tomato, honey mustard, roasted red peppers	
<b>FRICKEN CHICKEN SANDWICH</b>	<b>\$11.25</b>
chicken cutlet, melted mozzarella, arugula and tomato aioli	
<b>GREEK WRAP</b>	<b>\$10.25</b>
grilled chicken spinach, feta, pickled red onion, Greek dressing	

<b>FRENCH PRESS PANINI</b>	<b>\$10.25</b>
smoked ham, brie cheese, honey mustard, tomato	
<b>VEGARITTO (VEGAN WRAP)</b>	<b>\$10.25</b>
quinoa, sweet potato, black bean, avocado, kale, pico, wheat wrap	
<b>GREEN GIANT</b>	<b>\$10.25</b>
roasted veggies, warm mozzarella, mixed greens, balsamic, wheat wrap	
<b>BUCKAROO BBQ'WICH</b>	<b>\$10.25</b>
pulled pork, cheddar, bacon, coleslaw, toasted roll	

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## **TACOS**

*Served on small flour tortillas. Gluten free tortillas available upon request*

<b>PORK TACO</b>	<b>\$10</b>
Braised pork, smashed avocado, pico, chipotle crema	
<b>SHORT RIB TACO</b>	<b>\$10</b>
guacamole, pico, chipotle aioli	
<b>CHICKEN TACO</b>	<b>\$10</b>
tomatillo sauce, pico, smashed avocado	
<b>VEGGIE "THE MCKEAN" TACO</b>	<b>\$10</b>
black bean, sweet potato, pico, smashed avocado, chipotle crema	

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## **SALADS & CLASSICS**

<b>"KEEN-WAH"</b>	<b>\$10.75</b>
quinoa, sweet potato, cranberries, kale, Meyer lemon dressing	
<b>CEASAR SALAD / SANDWICH / WRAP</b>	<b>\$10.75</b>
romaine, cherry tomatoes, grated Parmesan. Add grilled chicken \$1	
<b>THE GINO ITALIANO</b>	<b>\$10.25</b>
Grilled chicken, sundried tomatoes, mozzarella, pesto basil	
<b>CHICKEN SALAD / SANDWICH</b>	<b>\$8.75</b>
<b>TUNA SALAD / MELT</b>	<b>\$8.75</b>
<b>SOUP OF THE DAY (seasonal)</b>	<b>\$6.00</b>
<b>PBJ or GRILLED CHEESE</b>	<b>\$6.50</b>
<b>BLT (add a fried egg!)</b>	<b>\$8.75</b>

## CATERING SERVICES AVAILABLE

We specialize in providing quality food in the comfort of your own home or office (pick up, delivery or on-site chef) as well as large events where passed hors d'oeuvres and featured food is of importance. We cater to corporate luncheons, intimate dinners of 6 or to festive cocktail parties and fundraisers with over 150 people.

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### BEVERAGES

HOT COFFEE	SMALL	\$2.75	<u>ICE BOX DRINKS</u>		
	MEDIUM	\$3.00			
	LARGE	\$3.50	ICED TEA	SMALL	\$4.50
HOT TEA				LARGE	\$5.00
	SMALL	\$2.00	LEMONADE	SMALL	\$4.50
	LARGE	\$2.50		LARGE	\$5.00
ESPRESSO	SINGLE	\$2.25	BLACKBERRY MULE	SMALL	\$5.00
	DOUBLE	\$3.50		LARGE	\$6.00
LATTE	SMALL	\$3.75	BLUE SKY SPRITZ	SMALL	\$5.00
	MEDIUM	\$5.75		LARGE	\$6.00
	LARGE	\$6.25			
CHAI LATTE	SMALL	\$4.00			
	MEDIUM	\$4.75			
	LARGE	\$5.25			
DIRTY CHAI	SMALL	\$6.25			
	MEDIUM	\$6.75			
	LARGE	\$7.25			
CAPPUCCINO	SMALL	\$3.75	ICED LATTE	SMALL	\$6.00
	MEDIUM	\$5.75		LARGE	\$7.00
	LARGE	\$6.25			
AMERICANO	SMALL	\$2.75	ICED COFFEE	SMALL	\$3.75
	MEDIUM	\$5.00		LARGE	\$4.00
	LARGE	\$5.75	ICED CHAI LATTE	SMALL	\$5.00
GODFATHER	SMALL	\$6.75		LARGE	\$5.50
	MEDIUM	\$7.25	HOT CHOCOLATE	SMALL	\$3.50
	LARGE	\$7.75		MEDIUM	\$5.00
FLAVOR SHOTS: <i>(mocha, vanilla, caramel, hazelnut, pumpkin honey lavender, chocolate mint, coconut)</i>		\$ .75	HOT APPLE CIDER	ONE SIZE	\$4.00
			GOLDEN LATTE	SMALL	\$3.75
				MEDIUM	\$4.75
				LARGE	\$6.25

**PLUS BEER / WINE / MIMOSA / ROSE SLUSHY!**